

# Dalston Newsletter - January 2022 (Free Issue)

## From St. Michael's and St. John's Churches

Happy New Year to one and all. I wish everyone a happy and prosperous 2022. People wish each other a Happy New Year whatever the circumstances. In 1922 our ancestors were recovering from the loss and destruction of the most devastating war up to that date, it was so destructive they called it the war to end all wars. In 1822 our ancestors were only 7 years clear of the Napoleonic war. Our history is full of people living through the most difficult of circumstances and still wishing each other the best of happiness and prosperity in the New Year. In 1722 ... I am getting the feeling that '22s are good years to put bad things behind us!

Jesus told us that there would be wars, rumours of wars and all sorts of calamities but that these would be birth pains. He told us that if we stand firm to the end we would be saved. Let us stand firm and look forward to better days. I wish you every blessing in 2022 and beyond. God bless.

*Ben Phillips, Vicar 07936 099123*

## Dalston Methodist Church

Friends, I wish you a Happy New Year and (amid the uncertainty of the continuing impact of the Covid-19 virus) a peaceful and prosperous 2022. Though the cloud of the pandemic continues to cast its shadow over us we have much to be thankful for and to look forward to. In our Annual Covenant Service at the Chapel (Sunday 30<sup>th</sup> January) we will reflect on the call of Jesus to love and serve our community and to commit ourselves afresh to our Christian practices and principles. You are welcome to join with us for this. Whether or not you do it is always worth pausing and considering the journey ahead and how we are going to travel. I hope that you have time to consider the next 12 months in preparation for the difficulties you will be called to overcome and opportunities it holds. Please know that we are here to journey with you. May God bless you and your new year.

*Rev David Newlove, Minister 01228 585295*

## Dalston WI

On 1<sup>st</sup> December 31 people boarded a coach in the Square and headed off to Cockermouth. A few hardy souls arrived prepared for an afternoon walk. Most enjoyed browsing the independent shops before enjoying a lovely afternoon tea.

It was lovely to get together and there was plenty of time to chat.

Thanks to Dalston Parish Council for the grant towards the cost of the coach, encouraging people to get out and about.

There will not be a meeting in January as we are going out for a meal.

For information of Dalston W.I. contact Margaret Peet 712102 or Janet Wright 711098

## Caldbeck Area Film Society

The January film is *First Cow* on 7<sup>th</sup> January at 7.30pm in Caldbeck Village Hall. In the 1820s, a taciturn loner and skilled cook travels west to Oregon Territory, where he meets a Chinese immigrant also seeking his fortune. Soon the two team up on a dangerous scheme to steal milk from the wealthy landowner's prized Jersey cow - the first, and only, in the territory. A fable of land and freedom that serves as an up-close-and-personal portrait of friendship and a wider snapshot of America, rooted in the rich soil of the Pacific north-west. Voted 12<sup>th</sup> in Best Films of 2021!

We will comply fully with Village Hall and national regulations in place at the time. At the moment this will mean spaced seating and wearing a mask if possible. We are also asking you to book in advance so that we can avoid overcrowding. Phone 016974 78626 or 017684 84840. Please feel free to bring your own refreshments.

The CAFS Committee would like to thank you all for your support this year and look forward to seeing you again in 2022 all being well.

*Sally Vaux, Caldbeck Film Society*

## Men's Breakfast

### We re-commence on Saturday 8<sup>th</sup> January

Churches working together in Dalston, (St Michael's Church & The Methodist Chapel) are holding the Men's Breakfast from 9am to 10am in the Methodist Schoolroom. The breakfast will be Cereals, Bacon Roll and Toast with Tea or Coffee. Come and enjoy a chat with friends old and new.

Contact Phil Kershaw on 711234 or Tom Little on 711548 for more details

Donations to cover the cost will be appreciated

## Meet to Eat

There will be no Meet to Eat in January.

## Coffee Morning - St Michael's Church, Dalston & St John's Church, Cumdivock

We would like to thank everyone who came along and supported our fundraising event, we raised an amazing £762. A massive thank you must go to all those who helped man the stalls, serve coffee & mince pies and those who donated items for the raffle, the tombola, the cakes & produce stall, for Santa who was there to meet and greet and the Songbirds who sang Christmas songs beautifully ..... it really was a lovely morning!

*Carolyn Hodgson*

## **Dalston Male Voice Choir Concert, St, Michael's Church Dalston**

I have been to the Dalston Male Voice Choir's Christmas Concert once or twice before in the past, when I have been visiting relatives nearby. This year was different though, as it had been two years since the choir had performed there and so this was a historic return of the choir after the lock down period. I should add here that the standard of the choir had not faltered from previous times and the whole afternoon was a sheer delight.

We started off with a rousing sea shanty, opening the concert with joy and setting the tone for what was to follow. This was a concert which had been well balanced in its choice of songs by Chorus Master Michael Deakin. Moving from autumn into winter by way of the falling leaves of the beautiful, 'Autumn leaves' and the armistice, which seemed a fitting tribute.

The winter songs were again contrasting with hits such as 'Winter Wonderland' and a very energetic version of 'It's Beginning to Look a Lot Like Christmas'. We had ancient carols in Latin followed by favourites from every conceivable country, it seemed.

It would be difficult to choose one piece out of these that I liked more than the rest, but I will give much credit for the choir's performance of Alwyn Humphrey's 'Te Laudamus', which was truly splendid. As the knowledgeable compere mentioned, this was written for the The Kings Singers and as such introduced the choir to some very unusual rhythms. It came soon after 'Gaudete' with its Medieval rhythms, and Michael Deakin as the soloist. This was my favourite part of the concert.

The interval between the sets of songs was taken up by a lovely, young violinist and her interesting Christmas music. Tabitha Wright enchanted us with her instrument with a well chosen selection. All this combined with the lovely accompanying of Lorraine Gash and the witty but informative dialogue from the compere provided us with an excellent afternoon's entertainment of the most seasonal kind.

If I am this way at the same time next year, I shall certainly come again.

*Meryl Sparkes*

## **Dalston Charitable Trust**

The 2021 grants have been awarded by the Charitable Trust on behalf of the Dalston Parish Council, to the following groups. Thank you to all those who applied for a grant this year.

St Michael's Pre-School, Caldew School, Dalston Drama Society, Dalston Handbell Ringers, Dalston Victory Hall, Dalston Tennis Club, Dalston Recreation Association and Dalston Scout Group.

## **Cumdivock WI**

We hope everyone has had a lovely Christmas. We would like to remind you that we do not meet in January but look forward to seeing you at the February meeting on Wednesday 2<sup>nd</sup> at 7pm when our speaker will be Paul Green talking about Detection Dogs. We hope everyone keeps well.

*Carolyn Hodgson, WI Committee*

## **Dalston Surgery Half Day Closing**

Dalston surgery and dispensary will be closed from 1pm on Thursday 13<sup>th</sup> January for staff training. Please order prescriptions by leaving a message on 01228 711760. In emergency phone 111.

## **Charity Christmas Tree Appeal in aid of Hospice at Home**

Hospice at Home Carlisle and North Lakeland are having their annual charity Christmas tree collection. Let us collect and recycle your real Christmas tree in aid of Hospice at Home Carlisle and North Lakeland, local care for local people and other charities. After costs at least 90% of the monies raised will go to the Hospice and up to 10% is donated to other local charities. We would welcome a donation for the collection of your Christmas tree. Registration is now open and closes on **Monday 10<sup>th</sup> January at 10am**. To arrange a collection please book in at [www.charityxmastreecollection.com](http://www.charityxmastreecollection.com) Please put out your tree on **Wednesday 12<sup>th</sup> January 2022**.

The fundraising team are very happy to share that last year's appeal was a great success, with over 1100 trees booked in for collection. Whilst the collection unfortunately could not go ahead due to COVID restrictions, the generosity of our supporters meant that the Hospice was still able to raise £16,843 from the appeal. This remarkable sum, covers almost one week of the entire running costs of the Hospice, providing invaluable care free of charge to the local community.

Hospice at Home was set up in 1997. Our team deliver services to patients in their own homes, to meet their palliative and end of life care needs. Hospice at Home's core and largest service is its nursing team which consists of Registered Nurses and Healthcare Assistants who are skilled in providing nursing care and support in the last year of life and at the end of life.

Hospice at Home also has additional clinical services. Care and support may be provided by one or a combination of the services so that a person's needs may be more fully met. Care and support is individualised and aims to improve quality of life, facilitate a peaceful and dignified death and to support those who are bereaved. Hospice at Home's clinicians work closely with other health, social care and voluntary organisations who may also be involved in a person's care.

Hospice at Home's clinical service area covers a mixture of urban and rural communities, a region of approximately 1,500 square miles throughout North and East Cumbria.

**Again, Hospice at Home would like to thank the local community for their kindness and support**

## **Dalston & District Gardening Club**

Due to the current national situation, the Committee, after much deliberation, decided to cancel the Christmas Party in December. It is very disappointing but we felt it was the safest thing to do in the circumstances. We hope to see members on Tuesday 18<sup>th</sup> January when the speaker is Sheila Ripper talking about 'The 100 Plants War' at 7.30pm in the Victory Hall.

Best wishes for the New Year

*The Committee*

## **Do You Know Where To Report Scam Messages?**

**Fake emails and text messages are a common tactic used by cyber criminals**, their goal is often to convince you to click a link. Once clicked, you may be sent to a dodgy website which could download viruses onto your computer, or steal your passwords and personal information.

In order to try and convince you that their messages are legitimate, criminals will pretend to be someone you trust, or from some organisation you trust. This could be your Internet Service Provider (ISP), local council, even a friend in need. And they may contact you by phone call, email or text message.

**Reporting suspicious emails:** If you have received an email which you're not quite sure about, you can report it by forwarding the email to the Suspicious Email Reporting Service at: **report@phishing.gov.uk**

As of 31st October 2021, the number of suspicious email reports stands at more than 8,100,000, with the removal of more than 67,000 scams and 124,000 URLs.

*\*In a small number of cases, an email may not reach our service due to it already being widely recognised by spam detection services. The vast majority of reports do reach our system so please keep reporting any suspicious emails you receive.*

**Reporting suspicious text messages:** You can report suspicious text messages to your mobile network provider, for free, by forwarding the text to **7726**.

If you forward a text, your provider can investigate the origin of the text and take action, if found to be malicious. If 7726 doesn't work, you can find out how to report a text message by contacting your provider. *(On many Android devices and iPhones, pressing and holding on the message bubble should present the option to forward the message)*

For more of the government's latest advice on how to stay secure online,  
visit the Cyber Aware website: [nsc.gov.uk/cyberaware](https://nsc.gov.uk/cyberaware)

*Action Fraud, Administrator*

## **St. Michael's and St. John's Churches - 100 Club**

Monthly draws of The 100 Club have taken place throughout 2021. It is now time to join or renew your 100 club membership for 2022 at £12 per number if you have not already done so. If you would like a renewal form please contact 711956 or 712846 or collect one from the church entrance. Your cheque for £12 per number (made payable to Dalston PCC), can be posted through the letterbox of Church House or we can collect your subscription if that is easier for you. Thank you for your support.

The winners in 2021 are as follows:

January - Hazel Trotter, Margaret Wharton

February - Stephanie Diver, Craig Simpson

March - Euan Ritchie, Linda Turnbull

April - Joan Hird, Philip Kershaw

May - David Marsden, Stuart Waugh

June - Stephen Brough,

July - Barbara Davidson, Sue Stainton

August - Robert Grierson, Steve Palethorpe

September - Chris Scales, Jean Johnstone

October - Liz Auld, Anne Marston

November - Chris Henderson, Sue Malley

December - Stephanie Diver, Barbara Palethorpe

December Bonus Prizes - Alan Hartley, Michael Purdham, Ruth Ritchie, Ailsa Scott

## **Dogs in the Parish**

Can everyone who has a dog please keep them under control at all times. Dogs must be on a lead in a public area. You should know where your dog is at all times. Do not use your phone and ignore the dog as it can cause problems for other people and dog owners around you. Dogs have caused accidents previously in Dalston and we may need to take further action. Also please clean up after your dog and dispose of the poo bags correctly - not thrown into hedges or left around the parish.

## **Decorating in St Michael's Church & Church House**

Thank you to all those who helped to decorate the very large Christmas tree in St Michael's Christmas as well as all the lovely church window exhibits and the Church House windows displays. Also all those who helped to make the Christingles for the successful outdoor Christingle service last month held without rain.

## **Roots of Remembrance**

Due to Covid it has proved difficult to buy the trees. However in December there were three trees planted on the Kingsway for loved ones who died of Covid. Two more are due to be planted in January. Please remember that anyone in the parish who died as a victim of Covid-19 can have a tree of remembrance for them planted in the parish. It can be recorded, by the RHS on a national map. Please write confidentially to:

The Clerk at Forge Green, Riverside, Dalston, CA5 7QG or email [clerk@dalston.org.uk](mailto:clerk@dalston.org.uk) giving the name, date and place of death of the loved one.

*The Parish Council*

## **Caldew Club**

The next meeting is on January 25<sup>th</sup> at 2pm in the Victory Hall when the speakers are Jeff & Debra from the Warwick Bridge Corn Mill.

*Julia Higgins*

## **Scafell Pike Challenge 2022**

We keep getting told that walking is a pastime that reduces our mental anxieties and helps our wellbeing. Perhaps we've known this all along, but to prove it, the time is upon us to revisit England's highest mountain, Scafell Pike. Last summited by 18 souls (10 adults and 8 children) back in May 2016. It was simply the best of days. We can now make some new memories and tackle the walk from Seathwaite via the Corridor Route. A longer but more gradual ascent, up and down (moving time) in around 7 - 7.5 hours, plus lunch and peak time, approx. 9 hours overall. A decent day out on the fells you might say, but don't be put off by the statistics. It is fun and the confidence gained is immeasurable. Imagine what else you can do! We're not raising money this time, the challenge is open to adults and children, no dogs please for safety reasons. Parents/guardians will be solely responsible for their children, with one adult supervising a maximum of three children. Folks should undertake their own training but to help there are to be optional practice walks, which everyone is welcome to attend, whether taking part in the challenge or not.

Practice walks dates;

Sunday 2<sup>nd</sup> January 2022 - Start 1pm meeting outside Raughton Head School anticipated 2.5hours local walk.

Saturday 15<sup>th</sup> January 2022 - Start 11am from Caldbeck village car park (packed lunch will be needed) approximately 3 hours.

Sunday 13<sup>th</sup> February 2022 - TBA We'll head into the northern fells in March and get more of a flavour of what to expect in our challenge.

The anticipated walk date will be Saturday 14<sup>th</sup> May (with a reserve date of 21<sup>st</sup> May in case of inclement weather).

## **Dalston Makers Market**

A big **Thank You** to everybody who has supported the market in the Victory Hall over the last 5 months! Many of our stallholders have commented on the friendliness of the local community and the welcoming atmosphere of the village hall so have become regulars who are getting to know their customers. We hope to build on this in the New Year by having our next market on Saturday 19<sup>th</sup> February - a date for your diary and then every 3rd Saturday in the month! The Pop-Up Cafe has become a great place to meet with friends for a chat over coffee and home bakes and will be a regular feature of the market.

Best Wishes for a Very Happy & More Settled New Year!

For any further information - contact Chris Scales: 01228 - 319714 / mobile: 07903647525.

## **Thank You**

David and Molly would like to say thank you to all friends and neighbours who so generously gave their time, talents and prayers to cheer us and feed us after our accident. What a wonderful community we are surrounded by - we thank you all for your love and support and wish you a healthy and happy 2022.

## **Dalston Medical Group - Wigton Hospital Covid Vaccine Hub**

Dalston Medical Group are still giving boosters at Wigton hospital. The Covid hub has been closed over Christmas but have appointments available in January. If it has been 3 months since your second vaccine and you have not received an invite please contact reception on 01228 710451 and they will happily give you an appointment.

If you attend another medical practice, then please contact your practice direct.

## **Christmas Wreaths and Floral Tributes**

The Parish Council as the body responsible for the cemetery / cremated remains area, would ask respectfully that you remove any tributes in January. Any tributes remaining after 31<sup>st</sup> January 2022 will be disposed of by either the contractor or the Churchyard Working Group. Thank you for your co-operation

*Dalston Parish Council*

## **Dalston Parish Council**

The Dalston Parish Council officewill reopen on 4<sup>th</sup> January. In case of emergency please phone 01228 712846. The next Dalston Parish Council meeting will be at Gaitsgill Village Hall on Tuesday 11<sup>th</sup> January at 7.15pm.

*Chair, Dalston Parish Council*





