

# Dalston Lockdown News - November 2021 (Free Issue)

## From St. Michael's and St. John's Churches

Sometimes I like to remind myself that I love seasons; particularly when I am missing the sunshine on grey rainy days in October and November. I love the change, and the variety of our Cumbrian weather. The cycle of our seasons, like the cycle of life, is what keeps things growing and developing. The leaves need to turn brown and fall to the ground so that new leaves may grow. The seeds need to fall to grow new trees. Jesus said "Unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds." John 12.24 He was talking about the necessity of his own death but also about how we value and regard our own lives and how valuing our own lives too highly can actually lead to our own destruction.

You have probably experienced, as I have, that there are times for letting somethings go; for saying, that was good but now it is finished. The positive side of seeing that as a passing season is that we can accept that now that it is finished it is making space for, even providing seeds and nutrient for, other new things, to grow. It can be very hard to let go of a passing season, but seasons will change whether we want them to or not and it is often better for us if we accept the change and embrace the next season. I grow tired of the expression 'the new normal', but there is a new season coming and my hope for each of us is that we can find ways to embrace it and grow within it. God bless.

There will be a Remembrance Service at St John's Church, Cumdivock at 11.30am. Everyone is welcome to the outdoor service at the memorial on Sunday 14<sup>th</sup> November. *Ben Phillips, Vicar 07936 099123*

## Dalston Methodist Church

November is a month of remembering. Starting with All Saints and All Souls, remembering the Gunpowder plot, Armistice Day, Remembrance Sunday and concluding with St Andrew's Day. It will be great to be together for many of these times and to reflect back. We remember too all those still affected by the pandemic and the long periods of lockdown that we have sustained. For me one of the great verses in the Bible that speaks of remembering is Psalm 25 verse 7. The Psalmist starts off by saying "do not remember the sins of my youth" and goes on to say "according to your love remember me". It's this second appeal that I want to share, a request that God remembers us through the eyes of love and mercy. It is a constant theme of the New Testament that this is how God sees us and this is the context of our relationship with him. We do well to remember this. It would be great to welcome you on a Sunday morning at 10:30am.

*Rev David Newlove, Minister 01228 585295*

## Change the Clock

Please remember to alter your clocks by one hour from 2am to 1am on Sunday 31<sup>st</sup> October.

## Meet to Eat

You are invited to come along to a light lunch and chat at the Methodist Church on Tuesday 2<sup>nd</sup> November between 12noon and 1.30pm.

## Cumdivock WI

We will be meeting on Wednesday 3<sup>rd</sup> November at 7pm (please note earlier start time), in the Cumdivock WI Hut. The speaker will be Geoff Hine, Chair of the Northern Fells Group.

New members are always welcome, please contact Mandy Henderson on 01228 710282 for details or just come along to a meeting and 'try before you buy'! (no charge for your first meeting). *Carolyn Hodgson*

## Men's Breakfast

Churches working together in Dalston, (St Michael's Parish Church & The Methodist Chapel) are re-starting the Men's Breakfast on Saturday 6<sup>th</sup> November from 9am to 10am in the Methodist Schoolroom. The breakfast will be Cereals, Bacon Roll and Toast with Tea or Coffee. Come along for a chat to meet new and old friends.

CONTACT: Philip Kershaw on 711234 or Thomas Little on 711548 for more details

Donations to cover the cost appreciated

## Remembrance Lunch

Welcome back to our Remembrance Day Lunch to be held in the Victory Hall on Sunday 14<sup>th</sup> November following the Remembrance Service in St Michael's Church. Due to COVID restrictions the numbers will have to be less than usual and 70 is our maximum figure. Lunch will be a main course, dessert and a glass of wine served for £7.50 per person. Early booking is recommended

To book your place contact - Alan on 07731443987 or Pam on 01228 710051

## Caldbeck Area Film Society

The November film is Official Secrets on 5<sup>th</sup> November at 7.30pm in Caldbeck Village Hall. In the run up to the Iraq war the USA was trying to get a UN mandate for action. This is the true story of a young British intelligence translator (excellently played by Keira Knightley), who blew the whistle on some of the dirty tricks that were being used.

We will comply fully with Village Hall and national regulations in place at the time. At the moment this will mean spaced seating and wearing a mask if possible. We are also asking you to book so that we can avoid overcrowding. Phone 019684 84840 to book. Please feel free to bring your own refreshments.

*Sally Vaux, Caldbeck Film Society*

## **Tyre Safety**

Cumbria Police are encouraging motorists to double check their tyres with the changing of the season. Below are some handy tips surrounding what is required.

The legal minimum tread depth for cars in the UK is 1.6mm throughout a continuous band comprising the central three-quarters of breadth of the tread and around its entire outer circumference. In wet weather tyre tread grooves help to remove water from the contact patch between your tyres and the road surface meaning your car can brake, steer and accelerate properly.

Without adequate tread depth your tyres may not be able to perform properly in wet conditions, reducing your safety on the road. It is therefore advisable to consider replacing your tyres well before they reach the legal minimum. Furthermore, drivers whose tyres fail to comply with the minimum tread depth requirements risk a fine of up to £2,500 and three penalty points for each illegal tyre.

Tyres with insufficient air pressure are also more likely to suffer from a sudden rapid deflation and will suffer premature wear on the outside edges of the tyre. The wheel rim and tyre will be more susceptible to impact damage. Over-inflation results in less comfortable ride, a reduced area of contact with the road giving less grip in the day and accelerated wear on the tread centre. The benefits of a properly inflated tyre, include reduced running costs and longer tyre life.

Tyres are never manufactured with lumps, bumps or objects sticking in them, so if you see any of these, you'll need to have the tyre inspected. Tyres should be examined frequently, removing stones or other embedded objects from the tread. If the tyre has lumps or bulges it must be examined by a tyre specialist since these could indicate internal damage. Remove oil or grease with a suitable diluted detergent. Always seek the help of a professional if you are unsure about any aspect of your tyres condition.

*Joe Murray, Neighbourhood Watch*

## **Dalston Parish Grants**

Dalston Parish Council has allocated a small fund for 2021 to be awarded in grants of financial support to local voluntary groups and organisations. The fund is being administered by the Dalston Parish Charitable Trust. Applications to be submitted by Friday 12<sup>th</sup> November 2021. Application forms and further information can be obtained from:-

**The Parish Council Office, Forge Green, Riverside, Dalston CA5 7QG**  
**Telephone 01228 712766 ~ Email [clerk@dalston.org.uk](mailto:clerk@dalston.org.uk)**

## **Hallmark 1 Award**

ACRE Hallmark is a quality standard scheme for the management of community buildings and village halls. Hallmark 1 assesses whether the hall is complying with the requirements of its charitable status. The Victory Hall recently put itself forward to be assessed for this award. It felt a bit like an Ofsted inspection, and I am glad to say that we passed!

*Jane Clark, Secretary*

## **Hospice at Home Gifts for Giving Auction**

Do your Christmas Shopping with us this year! Hospice at Home would like to thank all of the supporters who kindly donated the wonderful Gifts for Auction from hand made crafts, vouchers, homemade goods to hampers and works of art and festive items. Also Chris Bell, registered nurse and owner of Reikeaze Reiki for Women, has kindly donated two sessions to the auction. Please browse the whole catalogue there are some truly magnificent gifts to go under your Christmas Tree! The auction is open now until 8<sup>th</sup> November at 1pm. The catalogue can be viewed by visiting [www.givergy.uk/giftsforgiving](http://www.givergy.uk/giftsforgiving)

As the charity approaches its 25<sup>th</sup> anniversary next year, greater reflection has been given to the importance of community and the shared roles we all play in providing *Local Care for Local People*. Hospice at home is truly supported by the community for the community.

The Hospice at Home service covers 1500 square miles from the Scottish Border to Stainmore and Allonby to Alston. The charity is vital and needs to raise over £19,000 each week to continue to provide this service. Anyone interested in raising funds or volunteering please contact the Hospice at Home Fundraising Office 01768 210719 or visit [www.hospiceathome.co.uk](http://www.hospiceathome.co.uk)

**Once again Hospice at Home would like to thank the local community for their kindness and support**

## **Dalston Surgery Half Day Closing**

Dalston surgery and dispensary will be closed from 1pm on Wednesday 17<sup>th</sup> November for staff training. Please order prescriptions by leaving a message on 01228 711760. In emergency phone 111.

## **Dalston WI**

From November to February we will be meeting in the afternoons at 2pm. This month's meeting will be on Wednesday 17<sup>th</sup> at 2pm in the Victory Hall. We will be holding the AGM and a members' afternoon.

### **FREE COACH TRIP**

The WI have organised a free coach trip to Cockermouth on 1<sup>st</sup> December. The coach will leave the square at 11.15am, leaving Cockermouth at 4pm. This will give approximately four hours to enjoy the town, perhaps doing your Christmas shopping in the lovely independent shops. There is an optional afternoon tea at The Trout Hotel at £16.00 per person. A £5 deposit will be required for the afternoon tea.

To book a place please call Janet on 01228 711098

## **Makers' Market**

Start your Christmas shopping at the Makers' Market with a 'Seasonal' flavour in the Victory Hall on Saturday 20<sup>th</sup> November, same time 9am - 1pm. There will be a host of quality food & craft stalls for you to choose from - our regular stall holders and quite a few more! Mince pies & mulled wine (non - alcoholic) will be served in our Pop-Up Cafe alongside the usual scones/coffee. Follow the 'Dalston Makers Market' Facebook page for more information over the coming weeks!

We Ho Ho Hope to see you there as we look forward to a more 'normal' festive season!

## **Roots of Remembrance**

Please remember that anyone in the parish who died as a victim of Covid-19 can have a tree of remembrance for them planted in the parish. It can be recorded, by the RHS on a national map. Please write confidentially to The Clerk at Forge Green, Riverside, Dalston, CA5 7QG or email [clerk@dalston.org.uk](mailto:clerk@dalston.org.uk) giving the name, date and place of death of the loved one.

## **Dalston Gardening Club AGM & Cumbria in Bloom Awards**

Chairman, Jenny Hudson, welcomed everyone to the first indoor meeting of the Club since March 2020 when Coronavirus restrictions began. She was happy to report that when it became possible for groups to meet outside again some club members had gathered in the Jubilee gardens for 'bring your own' drinks and a chat. Later on instead of the usual annual plant sale in the Victory Hall a successful outside sale was held. The new Gardening Club year started off well with the Anniversary dinner at Greenhill Hotel in September. It was an enjoyable occasion with delicious food and a chance to catch up with members not seen for many months. Apologies were recorded from members not able to attend the meeting and the minutes from the last AGM in 2019 were approved. All committee members voted for in 2019 agreed to serve again and were elected en bloc. One exception was Wendy Rheam who has resigned. Jenny thanked Wendy for her many years of loyal and invaluable service to the Club. She also asked present members to give careful thought to whether they might be willing to become a committee member as there are vacancies now and they would be very welcome to come along with fresh ideas. Jenny thanked all members of the committee for their hard work and many other club members who have helped in any way towards the smooth running of the club.

Treasurer, Stewart Hudson, was pleased to report that despite all the problems of the pandemic the club is in a good financial position and the annual subscription for members remains at five pounds per head. Looking ahead it is expected that the Victory Hall will have to put up its charges and our speakers will have to increase their charges because of higher travelling expenses. Over £400 was raised at the outdoor plant sale which added considerably to the club's finances. Stewart thanked Alan Clarke for his generous contribution to the sale and the many other members who donated plants. Stewart reminded members that all subscriptions must be paid at the November meeting.

Sally reported that a good programme of interesting speakers is planned for the coming year and information about the trip to Dumfries House and the weekend away will be given out in due course. Tickets for the club Christmas party will be available at the November meeting.

## **Cumbria in Bloom Awards**

The Cumbria in Bloom chairman, Ronnie Auld, explained that presentation of awards was now happening in local areas rather than at one large venue. He introduced the judges responsible for judging Dalston, Colin Cheyne, Carolyn Pearson, Shelagh Todd and Ali Gordon. A small ceremony introduced by Liz Auld the administrator took place to give out the following awards with comments by the judges.

Cumbria in Bloom Pride in Your Community - Dalston Village - Gold Medal Award and Biodiversity - Gold

Cumbria in Bloom Tourism Public House category - Blue Bell Inn - Silver-Gilt Award

Cumbria in Bloom Tourism Self-catering category - Dandelion & Hoglet Holiday Cottages - Silver-Gilt Award

## **RHS It's Your Neighbourhood Awards:**

Grange Gardeners Dalston Surgery - Category 4 Thriving, Dalston Square Gardeners - Thriving, Libby at Nook Lane - Thriving, Jubilee & Millennium Gardeners - Thriving, Orchard Way Gardeners - Thriving, Forge Green Gardeners - Thriving, Forge Green Gardeners Allotment Plot 1 - Bronze Award, Forge Green Gardeners Sheep Dip - Silver Award

## **Strikes Houghton Hall Trophy was presented to Dalston in the Villages category for Outstanding Achievement**

## **In the RHS Community Awards 2021 Dalston received Achievement certificates for its entries in the Cultivating Your Community and Nature Friendly Gardening categories.**

Everyone was thanked for their voluntary contribution and help, no matter how small to achieve all these awards in a very difficult year. The Strikes Houghton Hall trophy is a massive achievement and the first time we have won it.

Molly and David Marsden provided welcome refreshments in the interval and we were treated to a variety of delicious cakes made by Penny Jones. The raffle took place and then we all sat back to enjoy some beautiful slides created by Trevor Wright. There were attractive images of special gardens and areas of Dalston not often seen. A fascinating insight of soil preparation for planting the wildflower area in the Jubilee garden and happy shots of members enjoying the Anniversary Dinner.

*Rosalind Ford*

## **We're Back ~ Dalston Amateur Dramatic Society**

The society presents WAITING FOR GATEAUX by Ed Waugh & Trevor Wood (authors of Dirty Dusting). This amateur production is presented by arrangement with the authors. It is AN ORIGINAL COMEDY directed by Sandie Denwood in the Victory Hall, The Green, Dalston CA5 7QB on Thursday 25<sup>th</sup>, Friday 26<sup>th</sup> and Saturday 27<sup>th</sup> November.

Admission is £8 for Adults, £6 for Children and Concessions

This is our first performance 'post Covid'. We are aiming to restrict audience numbers to sixty persons. We will not provide refreshments or a raffle at this performance but there will be a 10 minute comfort break. We would appreciate it if you would buy tickets in advance. These will be available from SuzieBou in Dalston Square and Dalston Pharmacy in Dalston and we are very grateful to them for providing these outlets for us. Also, by phoning Sandie Denwood 01228 711316 or by emailing dalstondrama@googlemail.com This mailbox will be checked regularly.

### **Caldew Club**

We will meet on November 23<sup>rd</sup> in The Victory Hall at 2pm with Lesley Connolly as our speaker. Lesley makes jewellery in silver and pewter. These are ideal for Christmas gifts. We will also be meeting on December 7<sup>th</sup>.

*Julia Higgins*

### **Hold The Date**

St. Michael's Church Christmas Coffee Morning will be held on Saturday 4<sup>th</sup> December from 9am - 12noon. There will be a tombola, Santa and more. More information next month.

### **Dalston Male Voice Choir Plans It's Winter Season**

Arrangements are now in place for the first concerts to be performed by the Dalston Male Voice Choir for nearly two years. The choir resumed practice a month ago after the summer break and have already got two concerts organised for the winter season with several others in the pipeline.

As you can imagine we are very excited at the thought of singing together again and particularly as one of the concerts will be our traditional Christmas Concert 'Pine Cones and Holly Berries', on our home territory in Dalston at St. Michael's Church on Sunday 5<sup>th</sup> December. We hope that you will support this very important event and join us for a chat over a glass of wine and refreshments afterwards. We shall look forward to seeing you there.

Prior to that we open the season on 28<sup>th</sup> November at 2.30pm with a similar concert, 'Seasons of Change' at Wetheral Parish Church. If you don't happen to be free on 5<sup>th</sup> December, you might consider joining us at Wetheral on the Sunday before. Also look out for our new year season with proposed concerts in Plumpton, Silloth and Wigton Road Methodist Church, Carlisle. Watch this space!

Finally, all concerts will be held under strict Covid-19 Government guidelines in order to secure the safety and confidence of our audiences. We shall enjoy having your company once again.

For any further details on either of these concerts please get in touch on the number below

David Wood 01228 711798 or email wyncliffe46@gmail.com

### **Respectful Online**

The internet is a fantastic resource, but as we all know, many of its users either intentionally behave disrespectfully towards others, or simply don't consider their actions however innocent they seem. When this happens, it can hurt others in a number of ways, from embarrassment to affecting their entire future. Please act with thought and respect.

### **Fun Charity Night with Live Music**

In the Victory Hall, Dalston in aid of Hospice at Home on Friday 10<sup>th</sup> December at 7.30pm with Elastic Band and other acts. Please bring your own drinks and nibbles. Phone 01228 522752 for tickets at £5 each.

*Hilary Claydon*

### **Dalston Medical Group - Dalston Practice Flu Clinics**

We are working on our lists of patients that are due their 6 monthly Covid booster. Please contact reception on 01228 710451 if it has been 6 months since your second dose and you would like the booster. We are finding it difficult to make contact with some patients, please ensure we have the correct contact details for you.

We will receive another delivery of under 65 year old flu vaccines this month, please contact reception if you are eligible for one and wish to be booked in.

### **Dalston Parish Council**

Several councillors met to have a look at updating the Dalston Parish Neighbourhood Plan 2015 - 2030. It was agreed to ask the previous chair to the next meeting and also a representative from the City Council Planning department as the Carlisle Local Plan will also be due to be updated shortly.

Carlisle City Council were contacted in relation to reducing the rates on the Kingsway Car Park since it is a free car park but it was rejected. We will appeal to the valuation office in due course.

Well done to everyone who helped to achieve the very good Cumbria in Bloom results for Dalston. The next monthly meeting will be held in The Primrose Hall on Tuesday 9<sup>th</sup> November at 7.15pm.

*Chair, Dalston Parish Council*





