POSSIBLE PLACES OF SAFETY

Not all "agreed" but Emergency Services could "commandeer" one dependent upon need, nature and site of emergency.

Dalston Recreation Centre, 33 The Green, Dalston, CA5 7QB (Robert England 07880722463)
Dalston Victory Hall, The Green, Dalston, CA5 7QB (07483363674 / sec.victoryhall@outlook.com Jane Clark)
Caldew School, Carlisle Road, Dalston, CA5 7NN (01228 710044 / office@caldew.cumbria.shu.uk)
St Michael's C of E Primary School, Carlisle Road, Dalston, CA5 7LN (01228 711544 / admin@St.michaels.cumbria.sch.uk)
Raughton Head School, Raughton Head, Dalston, CA5 7DD (016974 76291 / admin@raughtonhead.cumbria.sch.uk)
Lime House School, Holm Hill, Dalston, CA5 7BX (01228 710225 / office@limehouseschool.co.uk)
Bridge End Pub, Bridge End, Dalston, CA5 7BH (01228 710161/ bridgeendmcinn@gmail.com)
Dalston Hall Wedding Venue, Dalston, Carlisle, CA5 7JX (01228 710271 / enquiries@dalstonhall.co.uk)
Primrose Hall, Gaitsgill, Dalston, CA5 7AH (Jackie Collinson 016974 76590)
WI Hut, Cumdivock (Mandy/Chris Henderson 01228 710282)
St Michaels Church, The Square, Dalston, CA5 7PJ Parish Administrator Helen Banks 07720566610)
Cumdivock Church (Church Warden – David Cowen 01228 710345)
All Saints Church, Raughton Head (Church Wardens – Rod Phillips 016974 76172/Andrew Robson 01228 710498)
Methodist Church, The Green, Dalston, CA5 7QB (Margery Little 01228 711548)

MEDICAL RESOURCES:

Dalston Medical Group, Townhead Road, Dalston, CA5 7PZ (01228 710451)
Dispensary – same address (01228 711760)

Dalston Pharmacy, 2 Vicars Cottages, Dalston, CA5 7LW (01228 712506)

Bupa Dental Care, 7 The Square, Dalston, CA5 7PJ (01228 711272 / bupadentalcare.co.uk)

DEFIBRILLATORS IN DALSTON:

The Recreation Centre entrance, 33 The Green, Dalston, CA5 7QB
Sports Hall Entrance, Caldew School, Dalston, CA5 7NN
Greensyke House, Greensyke Lane, Cumdivock, Dalston, CA5 7JD
Paragon Vet Group, Townhead Road, Dalston, CA5 7JF
Primrose Hall, Gaitsgill, Dalston, CA5 7AH
Raughton Head School, Raughton Head, Dalston, CA5 7DD
Hospice at Home, Valley Court, Barras Lane Industrial Estate, Dalston, CA5 7NY
Dalston Co op, Townhead Road, Dalston CA5 7QS
Bridge End Inn, Bridge End, Dalston CA5 7BH
Dalston Masonic Hall, Nr Nestle, Off Carlisle Road, Dalston, CA5 7NH

VEHICLES:

Local farmers may be able to supply tractors / other farm machinery.

INDIVIDUAL EMERGENCY PLANNING

Be aware of the national emergency public alert system with a siren alert on mobile phones.

In the event of an emergency, residents should stay indoors, closing all doors and windows and stay there perhaps for days. To this end they will need: how to turn off water, gas and electricity: torches, radio and spare batteries, (Radio Cumbria 95.6FM, Greatest Hits Radio 96.4FM, CRFM 102.7); candles and matches; toiletries, medicines and first aid kit; tinned food that does not need cooking and tin opener (or ring pull tins), bottled water, cakes, biscuits, cheese, long life milk with long Best Before dates and a sliced loaf in the freezer; a list of useful telephone numbers.

It would be useful to have in your wallet and on your list, mobile and telephone numbers of at least one person "in case of emergency" marked ICE1, ICE2 etc. If you require extra assistance, register with United Utilities (water) Priority Service (0800 912 7240). Individual Energy Companies maintain their own Priority Service Registers and will text re power cuts. Their "priority" customers are more wide ranging, including under 5'sand over 65's. Cumbria community messaging.co.uk (0115 924 5517) gives local updates from a variety of services via the internet / text.

Check if your home is at risk of flooding by calling the Environment Agency Flood line on (0845 988 1188). Sign up to the Flood Warning Service and get floodproofing advice.

If you need to be evacuated to a relative, friend or local place of safety take telephone list; insurance documents and other financial papers; cash, credit cards, key cards; extra car and house keys; mobile phone and charger; medicines and repeat prescription list; any special food requirements; passport and driving licence, minimal toiletries and change of clothing; spare spectacles or contact lenses.