

POSSIBLE PLACES OF SAFETY

Not all “agreed” but Emergency Services could “commandeer” one dependent upon need, nature and site of emergency.

Dalston Recreation Centre, 33 The Green, Dalston, CA5 7QB (Alan Dinning 07731443987)

Dalston Victory Hall, The Green, Dalston, CA5 7QB (01228 711424 / sec.victoryhall@outlook.com Jane Clark)

Caldew School, Carlisle Road, Dalston, CA5 7NN (01228 711424 / office@caldew.cumbria.shu.uk)

St Michael’s C of E Primary School, Carlisle Road, Dalston, CA5 7LN (01228 711544 / admin@St.michaels.cumbria.sch.uk)

Raughton Head School, Raughton Head, Dalston, CA5 7DD (016974 76291 / admin@raughtonhead.cumbria.sch.uk)

Lime House School, Holm Hill, Dalston, CA5 7BX (01228 710225 / office@limehouseschool.co.uk)

Bridge End Pub, Bridge End, Dalston, CA5 7BH (01228 710161/ bridgeendmcinn@gmail.com)

Dalston Hall Wedding Venue, Dalston, Carlisle, CA5 7JX (01228 710271 / enquiries@dalstonhall.co.uk)

Primrose Hall, Gaitsgill, Dalston, CA5 7AH (David Parry 07900318244 / davidjohnparry@btinternet.com)

WI Hut, Cumdivock (Mandy/Chris Henderson 01228 710282)

St Michaels Church, The Square, Dalston, CA5 7PJ (Parish Administrator Helen Banks 07720566610 / hbanksdalston@gmail.com)

Cumdivock Church (Church Warden – David Cowen 01228 710345)

All Saints Church, Raughton Head (Church Warden – Rod Phillips 016974 76172)

Methodist Church, The Green, Dalston, CA5 7QB (Margery Little 01228 711548)

MEDICAL RESOURCES:

Dalston Medical Group, Townhead Road, Dalston, CA5 7PZ (01228 710451)

Dispensary – same address (01228 711760)

Dalston Pharmacy, 2 Vicars Cottages, Dalston, CA5 7LW (01228 712506)

Bupa Dental Care, 7 The Square, Dalston, CA5 7PJ (01228 711272 / bupadentalcare.co.uk)

DEFIBRILLATORS IN DALSTON:

The Recreation Centre entrance, Dalston, CA5 7QB

Sports Hall Entrance, Caldew School, Dalston, CA5 7NN

Greensyke House, Greensyke Lane, Cumdivock, Dalston, CA5 7JF

Paragon Vet Group, Townhead Road, Dalston, CA5 7JF

Primrose Hall, Gaitsgill, Dalston, CA5 7AH

Raughton Head School, Raughton Head, Dalston, CA5 7DD

Hospice at Home, Valley Court, Barras Lane Industrial Estate, Dalston, CA5 7NY

Dalston Co op, Townhead Road, Dalston CA5 7QS

VEHICLES:

Local farmers may be able to supply tractors / other farm machinery.

INDIVIDUAL EMERGENCY PLANNING

Be aware of the national emergency public alert system with a siren alert on mobile phones.

In the event of an emergency, residents should stay indoors, closing all doors and windows and stay there perhaps for days. To this end they will need: how to turn off water, gas and electricity; torches, radio and spare batteries, (Radio Cumbria 95.6FM, Greatest Hits Radio 96.4FM); candles and matches; toiletries, medicines and first aid kit; tinned food that does not need cooking and tin opener (or ring pull tins), bottled water, cakes, biscuits, cheese, long life milk with long Best Before dates and a sliced loaf in the freezer; a list of useful telephone numbers.

It would be useful to have in your wallet and on your list, mobile and telephone numbers of at least one person “in case of emergency” marked ICE1, ICE2 etc. If you require extra assistance, register with United Utilities (water) Priority Service (0800 912 7240). Individual Energy Companies maintain their own Priority Service Registers and will text re power cuts. Their “priority” customers are more wide ranging, including under 5’s and over 65’s. Cumbria community messaging.co.uk (0115 924 5517) gives local updates from a variety of services via the internet / text.

Check if your home is at risk of flooding by calling the Environment Agency Flood line on (0845 988 1188). Sign up to the Flood Warning Service and get floodproofing advice.

If you need to be evacuated to a relative, friend or local place of safety take telephone list; insurance documents and other financial papers; cash, credit cards, key cards; extra car and house keys; mobile phone and charger; medicines and repeat prescription list; any special food requirements; passport and driving licence, minimal toiletries and change of clothing; spare spectacles or contact lenses.